

2024

# LAURAGAIS TOURISME

*Group tours*

Leisure & Corporate



LAURAGAIS  
TOURISME

2024

# The south of Toulouse Is waiting for you !

## A TEAM AT YOUR SERVICE

- A single point of contact
- A team of professional guides
- A dynamic and human team)
- A warm welcome
- In-depth knowledge of the area
- Partners selected for the quality of their services
- Tours in foreign languages (German, English, Spanish)
- Advice on other services (catering, accommodation)

### CONTACT RACHEL

For quotes and reservations

**05 62 57 61 66**

**[groupees@lauragais-tourisme.fr](mailto:groupees@lauragais-tourisme.fr)**



Discover all our tours :

**[www.lauragais-tourisme/groupees](http://www.lauragais-tourisme/groupees)**



Time



Maximum number of people per tour/activity

## 4 REASONS TO TRUST IN US

- A response within 48 hours
- Personalized follow-up
- A program tailored to your wishes, needs and budget
- No administration fees

### *Our must-sees*

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### **Good to know**

A surcharge of 25% will be invoiced for any service rendered on a Sunday, public holiday or in the evening (from 9pm to 6am).

Our rates are quoted on an adult basis.

Our tours can adapt to different disabilities (please consult us).

Activities are available all year round, subject to booking and availability.

Our activities are limited to a maximum number of people to ensure that they run smoothly.

Beyond this limit, we can offer you additional activities to do on your own, alternating with the basic program.





**Must see**



Combine this tour with a guided discovery of **the wind & photovoltaic farm** or enjoy a visit to the **exhibition Discover at Port Lauragais** with the themes of pastels, mills, the Canal du Midi...! Extra charge

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## BASTIDES & HISTORIC VILLAGES

### At the heart of the Cathar tragedy

#### 📍 Avignonet-Lauragais

In this quiet little village, it is difficult to imagine that one of the bloodiest episodes in the history of Catharism in our region took place here: the massacre of the Inquisitors.

What were they doing in Avignonet and why were they murdered in their sleep?

Your tour guide will tell you all about this episode in Occitanie history.



### A village with festive traditions

#### 📍 Bourg-Saint-Bernard

Did you know that this charming village on the banks of the Girou has the oldest festival in France ?

Throughout the tour, from the woad dye to architecture to the history of Saint-Bernard de Clairvaux, your guide will also passionately recount what has bound the inhabitants of the village together for centuries : the Fête du Pré de la Fadaise, celebrated for 5 days over the Whitsun weekend.





## In the footsteps of the Protestants

### 📍 Calmont

Situated at the crossroads of the Ariège, Aude and Lauragais regions, Calmont was founded in the 13th century. At that time, both the Count of Foix and the Count of Toulouse claimed sovereignty!

But it wasn't until the 16th century, with the birth of Protestantism, that the fate of the bastide shifted to a long period of suffering and war.

From the Church to the temple, learn more about this turbulent past, forever marked by the Wars of Religion.



## On the edge of the Lauragais

### 📍 Caraman

Mentioned as far back as the early 11th century, the village of Caraman sits proudly in the Lauragais countryside.

Marked by the many episodes of war, and those more sumptuous of the d'âge d'or of Pastel and wheat, Caraman still preserves the traces of this tumultuous past which will be told to you with passion by our guide!



## The past comes back

### 📍 Villefranche de Lauragais

Villefranche de Lauragais is located on an important traffic route linking Toulouse and Narbonne, known since antiquity as the famous "Via Aquitania". Since the Middle Ages, the bastide has played a key role in the flourishing pastel and wheat trade.

Follow us, and you'll never see the city the same way again !



## A royal bastide in Lauragais

### 📍 Montgeard

His bastide was built on the initiative of the King of France in the year of grace 1317. The village enjoyed great prosperity in the 16th century, thanks to the cultivation of pastel. The magnificent church, in which the pastel merchants are buried, and the beautiful town house date from this period.

You'll be seduced by this village, which has retained all its d'antan charm!

#### OPTION :

Introduction to pastel dyeing on request.

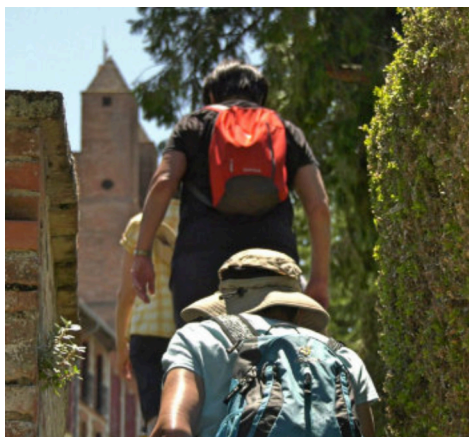


## Over 1000 years of history

### 📍 Montesquieu-Lauragais

From the Middle Ages with the Cathars to the Canal du Midi and the golden age of wheat, the various local themes will be covered during the tour.

During a commented stroll through the narrow streets, step back in time accompanied by your tour guide. Don't miss out on discovering this beautiful village, which was once part of one of the ten master cities of the Toulouse diocese!



## Village of Ravachou !

### 📍 Auriac-sur-Vendinelle

Just a few kilometers from Caraman, Auriac-sur-Vendinelle is an ancient Gallo-Roman villa built around its 11th-century chateau. Your visit will take you between the church and the medieval bridge.

Discover its atypical religious heritage and its beautiful wooden market hall, typical of Lauragais shopping villages !



## The secret of the pastel

### 📍 Loubens-Lauragais

Loubens-Lauragais is a charming village that invites you to stroll and contemplate: a château, visible from the outside, and a church dating back to the d'or pastel age, superb half-timbered facades, picturesque alleyways... This original guided tour will shed light on the past of one of the most beautiful villages in the Lauragais ...



Included :  
a visit to the garden of the castle.



All tours are led by our team of qualified guides and destination experts.

*Please dress appropriately for the weather, and wear comfortable shoes.*

## PRICE LIST GUIDED TOUR OF OUR « MUST-SEE » VILLAGES



From 1h00 to 1h30



50 pers.



110 €

**2 visits : 205 € (4h maximum) / Full day : 350 € (8h maximum)**



UNIQUE !



## Le Moulin à six ailes

### Au four et au Moulin

📍 Nailloux

Its red color is a real eye-catcher. Do you know why this mill has six wings? Thanks to a guided tour of the windmill's operation, the world of Lauragais milling will no longer hold any secrets for you!

And the must-see? The "bread" workshop and beautiful panorama from the wings !

A visit to discover with family or with friends !



*The mill does not turn during the tour  
19 persons (including guide) inside in  
the same time*



1h00



36 pers.



140 €

UNESCO

# The canal du Midi



## In the footsteps of Pierre-Paul Riquet

### 📍Ecluse de Nègre ou Gardouch

Go back in history to the 17th century and unravel the mysteries of the iconic Canal du Midi.

Discover the different stages of this ambitious project: its construction, transport by mail barges, trade, improvements made by the Marquis de Vauban, the canal being classified by UNESCO as a World Heritage Site...

### A trip on a barge ?



Choose a gourmet discovery cruise from Renneville with the **Péniche Surcouf**.

[Infos & reservations](mailto:infos@peniche-surcouf.fr) : 05.61.81.58.26



1h00



50 pers.



110 €

**Technical visit**



## Wind & photovoltaic farm

**In the air !**

📍 **Avignonet-Lauragais**

Learn more about the first mixed wind and solar production site created in France, while enjoying d'une magnifique vue sur les hauteurs des coteaux.

Thanks to a discovery and interactive tour, you will have the l'occasion to learn about the construction project, its implementation, but also about the daily site maintenance by technical teams.



*Contact us to find out about other technical visits (crafts, organic farming, etc.).*



1h00



50 pers.



110 €



## In team



### Walking rally

## Enigmatic' Montgeard

### 📍 Montgeard

Your senses and knowledge will be put to the test as you solve riddles in the narrow streets of the Bastide de Montgeard. Don't miss out on the history of this emblematic Lauragais site!

Show your originality, cunning and good humor to lead your team to victory!

*Original activities to meet together with family or friends. Ideal for Team building !*



### Orientation race

## Atterrissage forcé !

### 📍 Lac de la Thésauque

Dreaming of a relaxing trip to the sun? But this idyllic getaway could soon become your worst nightmare, as your plane will unfortunately never reach its destination !

Grouped into several teams, you will have to set off in search of beacons that will allow you to open survival trunks!

Will you succeed in overcoming the trials that await you along the way?



2h00



55 pers.



140€



Snack included

**Corporate**

# Journée "Clé en main"



- 📍 Avignonet-Lauragais
- 📍 Castanet-Tolosan
- 📍 Escalquens
- 📍 Labège
- 📍 Montgisard
- 📍 Montgisard

Would you like to organize a fun and original day out for your teams and colleagues in the Midi-Toulousain region? We have the solution for you!

Lauragais Tourisme has teamed up with Sud-Est Toulousain to offer a range of packages combining a **morning work session**, a **gourmet lunch** in an authentic setting followed by **challenges and fun activities** in teams or small groups.

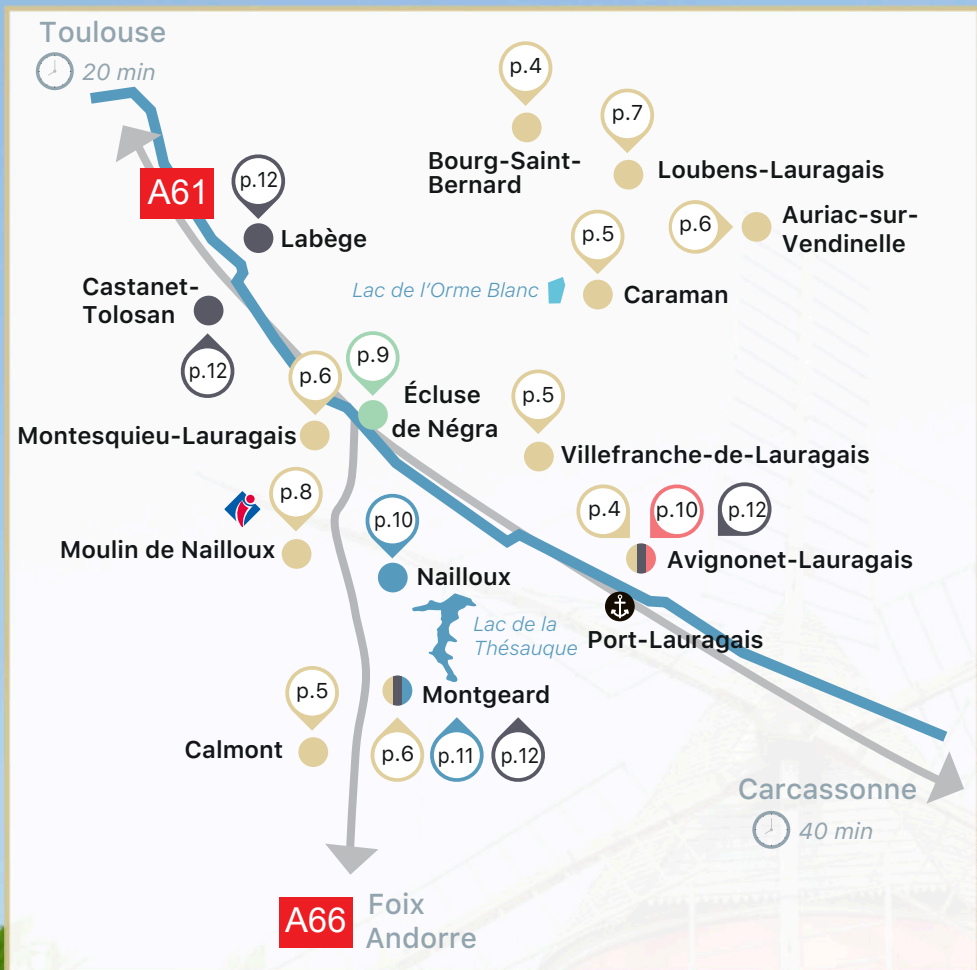


Discover our 2 packages by clicking on the following links :

**The assault on time**

**The mysteries of a bastide**

Please contact us for any further information



**LAURAGAIS  
TOURISME**  
Au cœur du midi toulousain

**GROUPS SERVICE**  
**+ 33 (0)5 62 57 61 66**  
**groupes@lauragaistourisme.fr**

**Lauragais Tourisme**  
**Nailloux Outlet Village**  
**31560 NAILLOUX**

