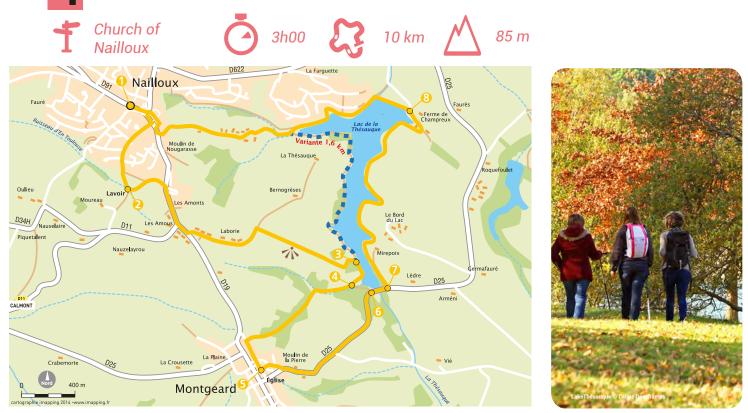
## LAURAGAIS TOURISME

## WALKS & HIKES

## **1** THE TWO ROYAL BASTIDES



• Walk along St Martin de Nailloux church, then turn right until you reach the covered market. Go around it on the right and follow the road. Turn right towards "Saint-Méen". Descend for about 400 m, and take the grassy path.

Arrived at the statue and the wash house of Saint-Méen (XIXth century), walk along the cemetery on the left. Cross the D19 and continue to the right on the side. Turn left at Chemin de Laborie. After 500m, turn right onto a path that goes down to the lake.

- 😉 At the "Serre de Razettes" sign, you can go left for a shorter variant. Otherwise, turn right until the sign "Le Rival", then in front.
- Go up towards Montgeard until the small road, then turn left. Cross the village by rue de la Bastide.

• In front of the market hall, go towards the Church of Our Lady of the Assumption, and go around it on the right. Walk along the cemetery to the crossroads, and turn left on the D25.

G Arrived at the Thésauque lake, go behind the security barriers and follow the road.

Turn left on the Chemin de Berge, following the sign "Mirepoix".

③ At the end of the lake, walk on the dike then the path. On the right, take Chemin de Bellecoste until Place Jean Jaurès. Turn right then take rue Occitanne. Continue to the left in the rue de la Boucherie. Go back past the market hall and return to the starting point, in front of the church.



## **EMERGENCY NUMBERS**

- Samu : 15
- Police help : 17
- Firefighters : 18
  Samu social : 115
- For the deaf and hard of hearing : 114

Open to the public Monday to Saturday from 2 p.m. to 7 p.m. July 1 to September 15 from 10 a.m. to 7 p.m.



LAURAGAIS TOURISME

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**TOURIST OFFICE** 

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