

6 THE CASTRUM OF CARAMAN



Lake of the Orme blanc in Caraman



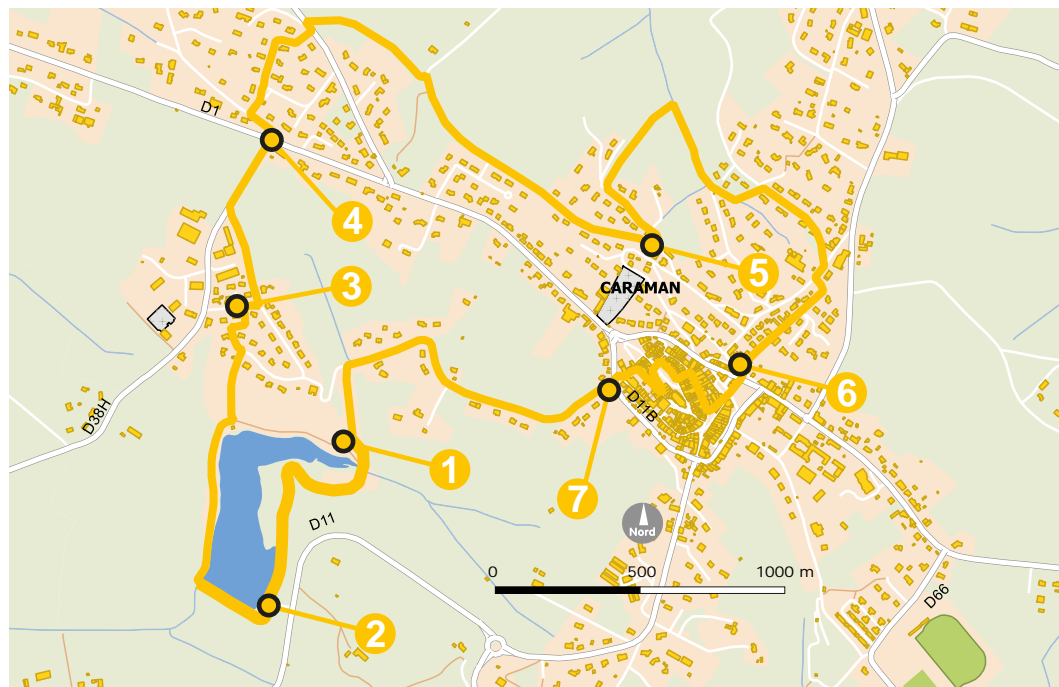
1h30



6,3 km



153 m



- 1 Take the path around the lake to the left, then pass in front of the swimming beach and the campsite.
- 2 Arrived at the car park next to the dike, cross the footbridge and continue to the right. Leave the lake at a shed, taking the path leading to the Orme Blanc housing estate. After the barrier, take the footpath on the right.
- 3 Go up the stairs, then turn right. Cross the road, to enter a grassy path. Continue until the D38H road, then follow it in turning right.
- 4 Cross the D1, then turn right at Chemin de la Briqueterie, and right again towards En Fumat. Cross the D59 and get on the path opposite. At the bottom, turn right.
- 5 Turn left towards Clos des Vignes. At the playground, go down into the meadow on the right. At Clos d'en Jacou, turn right into the path of the Ayrolle. Turn right then left towards Chemin Vert. Go up towards the church.
- 6 Climb the stairs, then cross the Cours Alsace-Lorraine and head towards the Place du Woillemont. When you reach the market hall, turn right into rue du Temple, then left on rue de la Liberté. Go up the stairs, then turn left on rue de Reims. Turn right. On the Place du Castelat, go down the stairs. Turn right rue Jean Jaurès, then left rue des Champs.
- 7 Cross the D118 and take the Chemin du Buguet towards Lac de l'Orme Blanc to find the starting point

LOCATE



Wrong direction



Good direction



Change of direction

EMERGENCY NUMBERS

- Samu : 15
- Police help : 17
- Firefighters : 18
- Samu social : 115
- For the deaf and hard of hearing : 114



LAURAGAIS TOURISME

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Open to the public Monday to Saturday from 2 p.m. to 7 p.m.

July 1 to September 15 from 10 a.m. to 7 p.m.

